



ComWell 
 WHERE COMMUNITY MEETS WELLNESS

ANNUAL REPORT

Fiscal Year 2021

From Passion and Vision to Funding and Fruition



Annual Report

You may be asking yourself if you are really receiving the ComWell annual report for Fiscal Year 2021. The answer to that is Yes! It really is for 2020-2021. Covid is the gift that keeps on giving. As a result of workforce shortages and delays in our annual audit thanks to Covid impacts, our annual report was delayed as well.

However, we had so many new and exciting things to share with you, that we didn't want to let an opportunity pass us by or stop us from communicating all of the progress that has happened at ComWell during this time frame...and of course, take time to recognize the supporters that make all the difference at ComWell.

As a result of so many individuals being affected by the Covid 19 pandemic, we have seen a surge of individuals seeking our services due to isolation, anxiety, depression, and an increase in substance misuse. Throughout these unprecedented times, we at ComWell have successfully ensured that clients have access to quality care through innovative ways by creating new pathways to receiving care. We continue to assess and evaluate how we can improve meeting the needs of those who seek our services, and how to be more responsive to agencies and community stakeholders who see us as a beacon of hope for those with behavioral health and developmental disability services.

We may not know what the long term outcome of Covid will look like, but we will continue to do our best to expand our services in a way to encourage and explore increased creativity and innovation in the way that we respond to the needs of our community.



Shea Haury

SHEA HAURY
Executive Director



David Holder

DAVID HOLDER
Board President

ComWell Achieves National Accreditation

ComWell has achieved national accreditation through the Council on Accreditation (COA) through 2024. ComWell is a local non-profit provider of behavioral health, substance use and developmental disability services in Southern Illinois.

For nearly 50 years, ComWell has been eagerly serving our community and continues to develop new ways to bridge the gap between individual and resource.

ComWell has received reaccreditation from COA since 2000. A self-study was opened in October 2019 and a virtual review was conducted in September 2020. Organizations pursue accreditation to demonstrate the implementation of best practice standards in the field of human services. COA evaluated all aspects of ComWell's programs, services, management, and administration.

COA accreditation is an objective, independent, and reliable validation of an agency's performance. The COA accreditation process involves a detailed review and analysis of an organization's administration, management, and service delivery functions against international standards of best practice. The standards driving accreditation ensure that services are well-coordinated, culturally competent, evidence-based, outcomes-oriented, and provided by a skilled and supported workforce. COA accreditation demonstrates accountability in the management of resources, sets standardized best practice thresholds for service and administration, and increases organizational capacity and accountability by creating a framework for ongoing quality improvement.

To achieve COA accreditation, ComWell first provided written evidence of compliance with the COA standards. Thereafter, a group of specially trained volunteer Peer Reviewers confirmed adherence to these standards during a series of on-site interviews with trustees, staff and clients.

Haury Elected Vice Chair for Illinois Association for Behavioral Health

ComWell Executive Director, Shea Haury, has been named Vice Chair of one of Illinois' top behavioral health trade associations.

Haury has been a dedicated member of the Illinois Association for Behavioral Health (IABH) since before being appointed the executive director of ComWell, formerly Human Service Center of Southern Metro East, in 2016.

Haury's time with the association has proven her commitment to serving their efforts. She began as a member at large of the general board and became a member of the executive committee. She has also previously sat on the public policy committee and the mental health practice committee.

"I serve because small providers in rural areas need a voice, too." Haury said. "We need to be able to inform policy decision-makers and legislative decision-makers of the unique struggles that rural providers face."

The IABH was established in 1967 with the mission of advocating for sound public policies in the behavioral health field on behalf of clinicians, consumers, youth, family members, and individuals in recovery who are in need of services.

The Illinois Association for Behavioral Health is a statewide organization representing addiction and mental illness prevention, treatment and recovery services agencies, staff, consumers, affiliated organizations, and corporations. "IABH really is the advocacy platform to help us voice what clients and provider organizations need," Haury said. "We serve as a liaison between providers and clients and our funding sources to help promote best practices to create the most seamless service delivery as possible."

Haury's term as Vice Chair became effective September 9, 2020.

OUR IMPACT



41,241

HOURS OF CARE PROVIDED
TO CLIENTS BY OUR
COMPASSIONATE STAFF

5,105

TOTAL NIGHTS OF CARE PROVIDED
TO INDIVIDUALS WITH MENTAL
ILLNESS AND DISABILITIES

16,412

HOURS OF CARE PROVIDED TO
INDIVIDUALS WITH INTELLECTUAL
AND DEVELOPMENTAL DISABILITIES

14,263

COUNSELING APPOINTMENTS
PROVIDED

75

AVERAGE INDIVIDUALS WHO
BENEFITED FROM OUR EMERGENCY
FOOD AND HYGIENE ITEMS EACH
MONTH

717

NEW INDIVIDUALS ACCESSED
COMWELL SERVICES

2,508

PSYCHIATRIC APPOINTMENTS

838

PEOPLE BENEFITTED FROM OPEN
ACCESS SERVICES WITHIN 9
RECORDED MONTHS OF FY20

7,615

HOURS OF PAID EMPLOYMENT
FOR ADULTS WITH DISABILITIES



PATHWAYS to IMPROVEMENT



92%

clients reported they have reduced or stopped using drugs and/or alcohol as a result of ComWell's Substance Use Counseling Services.



100%

Community Day Service clients say they are encouraged and supported in reaching their desired outcomes.

92%

clients said that overall they are satisfied with their experience with ComWell.



98%

clients said they are likely to recommend ComWell to others.



88%

of employees said their job gives them a sense of personal accomplishment.

Pathways to Improvement is an annual report on an organization-wide process to evaluate, monitor and improve programs, services and operations. This summary report describes some of our accomplishments in Fiscal Year 2021.



Rotary Club of Red Bud Funds Special Olympics

Rotarians in Red Bud received a Rotary Foundation grant to support ComWell's Special Olympic athletes and program, to which the club also contributed to.

Since the club was chartered in 2006, it has donated more than \$53,000 to the Foundation through local fundraisers and club member donations. The Foundation then sends a portion of its proceeds back to local districts, which in turn set criteria for clubs to use in applying for funding needed in the community.

This year, the Rotarians of Red Bud partnered with ComWell to apply for the district grant to receive the funding needed to support ComWell's Special Olympic athletes. Special Olympics is a global inclusion movement that provides sport, health, education and leadership programs to empower people with disabilities.

"The Rotary Club of Red Bud is so proud to partner with ComWell to provide support - both financial and volunteer - for the Special Olympics program," said Rotary Club President Matt Wagner. "When we see the athletes having fun, giving it their all, and the enthusiasm they bring to each event, it reflects the core motto of Rotarians around the world - Service Above Self."

Rotarians joined ComWell athletes in an afternoon of sports activities on Tuesday, October 12, including soccer, volleyball, bocce ball, and football where

athletes were able to demonstrate their skills and show off their new equipment and uniforms. The club was able to spend time working with the athletes on their techniques and mastery while enjoying an afternoon of fun.

"The Red Bud Rotarians are excited to be a part of the ComWell Special Olympics," said Red Bud Rotary Treasurer Pat Ramsey. "Our members want to help monetarily but we also want to donate our time and talents. This grant is allowing us to get to know the Olympians, help train them, purchase sports apparel and equipment, as well as cheer them on in their competitions. Being a Rotarian is about making a difference in people's lives."

Following the afternoon activities, club members met with ComWell representatives to learn more about the incredible impact their selflessness and commitment have made.

"After COVID cancelled all Special Olympic events the athletes were anxious to start preparing and participating again," Program Manager Marcie Soderlund said. "Thanks to the generous donation of new sporting gear from the Red Bud Rotary, our athletes will have access to new equipment resulting in new sports and new skills learned. We appreciate our local Rotary club and their willingness to help us purchase necessary equipment, uniforms, and for volunteering to assist in any way possible."

ComWell provides developmental disabilities services to Randolph County through long-term support and assistance, people with intellectual and developmental disabilities (IDD) can achieve productive, meaningful lives and reach their fullest potential

Visit [ComWell.us](https://www.comwell.us) to learn more!

ComWell has launched an updated and interactive website that bridges the gap between individual and resource. This website is fit to serve the needs of its users by providing avenues to apply for and receive services! If you would like to learn more about our agency, our website is the best place to start!



ComWell and Chester Hospital Join Forces

ComWell and Chester Memorial Hospital joined forces to combine their quality care initiatives to bring Randolph County and surrounding areas a more comprehensive and effective approach to behavioral health care. As the need for mental health and substance misuse services continues to increase, Chester Memorial Hospital and ComWell have worked side-by-side to provide healthcare workers and community members viable solutions that bridge the gaps in healthcare continuum.

“It is a privilege to partner with Chester Memorial Hospital to increase collaboration for behavioral health patients,” said ComWell Executive Director, Shea Haury. “Primary care providers are responsible for treating an extensive amount of behavioral health conditions, especially in rural communities. Chester Memorial Hospital continues to implement innovative models and creative solutions to meet the needs of their patients, and we are proud to support their continued integration of high-quality behavioral services into primary care.”

Through this collaborative care model, Chester Memorial welcomed ComWell Recovery Coach, Mary Holland, to their Care Coordination and Case Management Team. Holland works closely with Physicians, Nurse Managers, Supervisors and Nursing teams to help improve patient outcomes and increased access to resources and behavioral health appointments.

“ComWell partnered with Memorial’s Care Coordination Team to bridge the gaps in healthcare,” said Susan Diddlebock, Chief Nursing Officer at Memorial. “The program has improved the on-site resources for our patients which facilitate better outcomes faster.” Holland serves as an advocate to connect patients to care services that will benefit them beyond their doctor’s visit.

ComWell offers Mental Health Services, Substance Use Counseling, Educational Services, Services for Adult with Developmental Disabilities, and Residential Services.

“It has been a privilege to be a part of this new collaboration between Chester Memorial Hospital and ComWell,” said Holland. “Since joining the team at CMH, we have been able to increase access to mental healthcare for members of our community who may not have had the opportunity otherwise. We have improved their quality of care by streamlining communication and coordination. It is my hope that we will continue to build on and expand this program in the future, providing our community with the best care possible.”

This continued outreach provides assistance beyond the patient’s initial encounter with their physician. The resources Holland provides access to improve the quality of care the patient receives and in turn improves their quality of life.

Recovery Corps

Recovery Corps expands access to needed care and promotes the recovery of individuals working to overcome substance use disorders. They offer Peer Support to help others achieve their goals and increase their recovery capital. They also offer Capacity Building by helping organizations thoughtfully address the opioid epidemic along with creating a Career Pipeline for members to complete training and prepare them for careers in recovery and human services.

ComWell was selected as a partner site with Recovery Corps this year. This is a way for us to expand our services to those seeking recovery by providing peer support services. A Project Coordinator will assist ComWell to thoughtfully address the opioid epidemic. Through this program, members are able to complete training and career development to prepare for careers in recovery and human services.



Community Day Service Team Reunites with Clients After COVID-19 Closure

Our Community Day Service Team was finally able to welcome clients back to the Red Bud campus for in-person care after many months of closure due to the COVID-19 Pandemic. Program Manager Marcie Soderlund and her team worked hard to create a reopening plan that ensured client safety needs upon returning on September 1st, 2020. Client and staff celebrated by spending time together, doing crafts, playing basketball outside and participating in fall activities. It was an exciting reunion for all!

We Moved!



Our Chester office staff relocated to a space within the Randolph County Health Department building which is located at 2517 State Street in Chester. This relocation allowed our team to double the counseling office space available and provide needed parking.

Melmar Open House

Our Melmar Residential Program hosted open houses providing information and giving group tours to individuals and families interested in services provided by our staff. They also welcomed community leaders and other providers who wanted to learn more about program eligibility.





Southern Illinois Substance Abuse Alliance

An Update from Dennis Trask, Youth Prevention Coordinator

Drug misuse impacts every aspect of the community. To build a stronger recovery ready community and prevent drug misuse the Southern Illinois Substance Abuse Alliance, (SISAA) is engaging people. Included are people with lived experience who are key to promoting recovery. African Americans and other under-represented populations are also critical for success. We are dedicated to ensuring that every aspect of the community is represented.

Our full coalition meetings, mostly virtual, averaged 20 people who participated in programs about teen alcohol parties, drug misuse in the workplace, drug court, recovery capital and many local resources including ComWell. These programs provide opportunities for people to work together and solve problems. This past year we worked to solve problems by helping create a Randolph County Resource Guide, supporting prevention lessons in schools, providing a virtual high school assembly, training high school student leaders; as well as sharing messages and stories in area newspapers, on Facebook and local radio. These efforts have positioned us well, to make a greater community impact in the upcoming year.

SISAA's mission is to prevent substance misuse by youth and adults and supporting recovery activities in Southern Illinois through healthy communities in Southern Illinois focused on prevention and recovery free of stigma and without judgement.



Randolph County Resource Guide

ComWell's Recovery Committee developed and released an extensive resource guide that includes "Anchor Agencies" or agencies that offer a plethora of services as well as specialty providers and affordable or no-cost support all locally accessible. This detailed 60 page guide provides contact and service information for any support an individual could need. From medical professionals, senior services and disability resources to education options and employment support, to food assistance and homeless shelters and sexual assault, it is a comprehensive source of information. This guide will continue to be updated and can be access at the bottom of our website.

Read What Our Team Is Saying About Us!

I am thankful to belong to an organization that continually thinks about their employee's and patients' well-being and mental health. It is truly a refreshing environment.

Sierra LaChance

ComWell brought me so much in such a short amount of time. I have made friends, great working relationships, multiple opportunities for growth academically.

Katelyn Blount

Being a team member at ComWell makes me thankful as I enjoy helping clients with their needs and supporting staff so we can provide the best comprehensive services to clients.

Robin Van

I am thankful for my helpful and supportive "work family". I feel like they are willing to help me in any way they can. Being a newbie, that means so much!

Jennifer Grafton

I appreciate working at a place where there is an understanding that I have things going outside of here. We have leaders and coworkers who understand what it means to have a lot of priorities.

Kendra Kennedy

ComWell feels like a family. We come together, uplift and protect one another. I am also thankful that the leadership considers our performance and is always looking for ways to bless us.

Amy Wunderlich

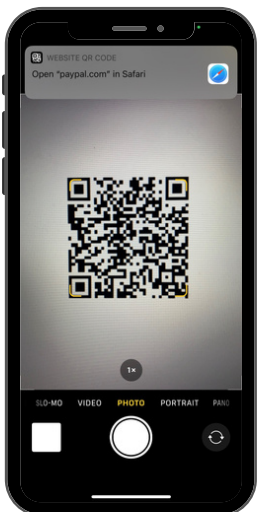
Everything about ComWell makes me thankful! I love being a part of a team that is so passionate about what they do, that works so hard and supports their community.

Michaelyn Modglin

I am very thankful and very blessed to be working at ComWell because our Leadership really cares about and appreciates their employees.

Lisa Heiken

Become an Everyday Hero Through Mobile Giving



Step 1. Open Camera App from your device's home screen, control center, or lock screen.

Step 2. Hold your device so the QR Code appears in the viewfinder and you see a notification with a link.

Step 3. Click on the notification to open the link associated with the QR Code to proceed to payment.

Statement of Activities

Revenue

Fees for Service	\$2,065,728
Grants	\$1,063,801
Donations and Non-Cash Revenue	\$133,720
Sales of Goods and Services	\$957,607
Other Income	\$764,415
Investment Income	\$120,352
Total Revenue	\$5,105,623

Expenses

Program Expenses	\$3,631,272
Management and General	\$1,132,725
Total Expenses	\$4,763,997
Change in Assets	\$341,626

Net Assets, Beginning of Year	\$2,872,026
Net Assets, End of Year	\$3,213,672

Meridian Telehealth Grant

ComWell was awarded a \$48,000 telehealth grant through Meridian Behavioral Healthcare to expand and improve community healthcare services by update agency telehealth equipment. Improvements were made in all outpatient office locations including ComWell's Melmar Residential Facility and Community Integrated Living Arrangement Housing.

St. Clement Grant

ComWell was one of twelve non-profit agencies and organizations awarded a grant from the St. Clement Community Foundation. These grants are awarded annually to deserving organizations actively involved in health-related services for the support of health care and health education-related projects or programs. This grant will help fund changes and updates made to ComWell outpatient offices as well as our Community Day Services Program and residential facilities such as Community Integrated Living Arrangements for adults with disabilities and Melmar Residential for adults with severe or persistent mental health disorders.

Health Resources and Services Administration Grant

ComWell received a \$100,000 planning grant by The Health Resources and Services Administration (HRSA) to support integrated healthcare in partnership with Washington County Hospital and Sparta Community Hospital. This grant will be used to help build a stronger whole health network that increases the presence of psychiatric services among the community, create streamlined emergency department discharge and referral protocols, and assess the feasibility of an inpatient substance use treatment facility. "This grant comes at the perfect time for ComWell and our partners," says Executive Director, Shea Haury. "We are thrilled to partner with Washington County Hospital and Sparta Community Hospital to integrate Primary Care and Behavioral Health Care. This funding will support our efforts with our community to develop a plan to improve the overall health and accessibility of services in our community."

CERTIFICATION

- Developmental Training
- Community Integrated Living Arrangement
- Community Mental Health Medicaid Services

LICENSURE

- Child Welfare Agency
- Substance Use Treatment
- DUI Services





Thank You to Our Friends

Aaron & Cheri Lange
 Adele Cowell
 Adorers of the Blood of Christ
 Aleta Riebeling
 Alice & Lee Cannady
 Alva Courier Post # 487
 Andrea Jenkins
 Barb Wagner
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 Jada Berry
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 Jana Kueker
 Jana Zipfel
 Jane Blankenship
 Jeanette Schrader
 Jeffrey & Janis Biethman
 Jeffrey Luthy
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 Jennifer Muholland
 Jerry & Judith Willis
 Jill Whelan
 John & Peggy Petkas, Jr.
 John & Blenda Ingalls
 John Preston
 Joseph Klein
 Joyce Laird
 Joyce Neutzling
 Judy Stahlheber
 Julie Yelm
 K of C Charities Inc. Council # 11691
 K of C Charities Inc. Council # 6577
 K of C, Evansville Council 1952
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 Katelin Uffelmann
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 Kathy Moorman
 Katrina Birke
 Kay DeVall
 Kaye Nurnberger
 Ken & Joan Voges
 Ken Kuehn
 Kendra Kennedy
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 Kenneth & Miriam Hargis-Poston
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 Mike & Pat Ramsey
 Mike, Laurie & Matt Penford
 Miller's Meat Market
 Mindi Bremer
 Mr. & Mrs. Kenneth Surman
 New Palestine Methodist Church
 North County News

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 Patricia Sachtleben
 Pearl May
 Peggy Buettner
 Phyllis Warren
 Plumbing Solutions, Inc.
 Prairie Farms
 Prairie Schooners 4H
 Randolph County Farm Bureau
 Randolph County Shrine Club
 Red Bud Chamber of Commerce
 Red Bud City and Rural Fire Dpt.
 Red Bud Elementary School
 Red Bud F.F.A. Alumni Association
 Red Bud High School
 Red Bud IGA
 Red Bud IL Hospital Company, LLC
 Red Bud Industries
 Red Bud Knights of Columbus
 Red Bud Masonic Lodge
 Red Bud VFW Post 6632
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 Robert & Denise Reiss
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 Roberta Lurk
 Roeslein
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 Ronnie White
 Rotary Club of Red Bud
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 Scouts BSA
 Sharon Eiskant
 Sharon Farmer
 Sherilyn O'Hara
 Sherry Prange
 Sheryl Lowry
 Sparta Community Hospital District
 St John the Baptist Catholic Church
 St. James Catholic Church
 St. John's Lutheran Church
 St. John's Lutheran Evening Guild
 St. John's Lutheran Sunday School
 St. Peter United Church of Christ
 Stan & Angie Dzik
 Steeleville Eagles
 Steve & Debbie Faust
 Steven & Linda Koester
 Steven and Cheryl Allen
 Susan & Will Harbaugh
 Susan Leinicke
 Suzanne Neff
 Tammy Blow
 Tania Barbeau
 Tari Henne
 Teresa Reed
 Theresa Frerker
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 William Jarrett