



ANNUAL REPORT 2022

*Passion
Vision
Fruition*

Annual Report

So much to be THANKFUL for in Fiscal Year 2022

ComWell Friends,

Between 2021 and 2022, we continued to feel the weight of Covid. People continued to flock to ComWell for help in understanding their thoughts and feelings of depression, anxiety and substance use while those with developmentally disabilities were unable to attend our day services due to the number of people that could be in our building at one time.

Covid brought behavioral health to the forefront. It shifted thoughts about behavioral health from something people spoke about in whispers to people openly sharing how Covid affected their mental well-being. This shift brought the conversation of behavioral health out from the shadows into the open. It changed the idea of behavioral health from one of shame to one of compassion and understanding - behavioral health is something that impacts us all! This shift allows us a unique opportunity in our community - to approach health in a holistic way. To treat our mental health with the same importance as our physical health. To remove stigma around seeking help. We definitely saw that shift in our community as we had 1,832 individuals participate in the brave work of seeking help. I am thankful ComWell was able to be a part of that journey.

We did our best to respond to the needs of those seeking services by successfully securing multiple new grants to expand service availability at ComWell, including Competitive Employment for our friends with Developmental Disabilities. We launched a new Electronic Health Record (EHR) at the beginning of 2022. And the challenges in recruiting talented staff finally began to ease and we were able to once again build up our teams to provide even more care to our community.

As always, thanks for your support in the work we do through ComWell. Because of you, we are able to touch more lives and improve wellness to all who walk through our doors.



Shea Haury

SHEA HAURY

EXECUTIVE DIRECTOR



David Holder

DAVID HOLDER

BOARD PRESIDENT

Exciting News

Competitive Integrated Employment Grant

In 2022, we were notified by the State of Illinois that ComWell was awarded a Competitive Integrated Employment (CIE) grant through the Division of Developmental Disabilities.

This two-year grant allows ComWell to receive training and technical assistance for staff, hire additional staff, and work with employers in the community to see the benefit of competitive employment opportunities by developing job preparedness and job matching opportunities between individuals and community partners.

Staff are trained as Job Coaches which prepare them to respond to both individual and employer needs. This will be a great addition to our already budding and growing Intellectual and Developmental Disabilities program.



Our typical response location was a hospital, school or police department. However, with the new model of care, a Mental Health Professional and person with lived experience and in recovery, will respond to crisis calls “anytime, anywhere”. The goal of the model is to reduce unnecessary visits to local hospitals and police departments and see more individuals in the community or at home.

Red Bud Campus Improvements

As part of our strategic plan, we identified the need for a Red Bud campus renovation plan. As a result, we were successful in securing a legislative capital improvement grant to support a campus wide remodel. In July 2021, we signed the Notice of State Award for \$550,000 to improve safety and access to services.

This grant allowed for new flooring, updated client bathrooms and remodeled shower room in our Community Day Services program and demolition and removal of two non-functional storage buildings. The addition and remodel of fourteen counseling offices creating greater visibility and accessibility of counseling services. A regraded and leveled parking lot making the navigation to and from services much safer.

We are excited we were selected for this opportunity to expand our counseling services and make our facilities more accessible to those who come to us for care.

The State of Illinois asked agencies across the state to redesign their crisis intervention programs based on the SAMHSA (Substance Abuse and Mental Health Services Administration) evidence based practice model for crisis care.

What does that mean?

OUR IMPACT

2,466 PSYCHIATRIC APPOINTMENTS

1,832 INDIVIDUALS ACCESSED COMWELL SERVICES

634 PEOPLE BENEFITTED FROM OPEN ACCESS SERVICES

47,691 HOURS OF CARE PROVIDED TO CLIENTS BY OUR COMPASSIONATE STAFF

23,157 COUNSELING APPOINTMENTS PROVIDED

11,913 HOURS OF PAID EMPLOYMENT FOR ADULTS WITH DISABILITIES

4,860 TOTAL NIGHTS OF CARE PROVIDED TO INDIVIDUALS WITH MENTAL ILLNESS AND DISABILITIES

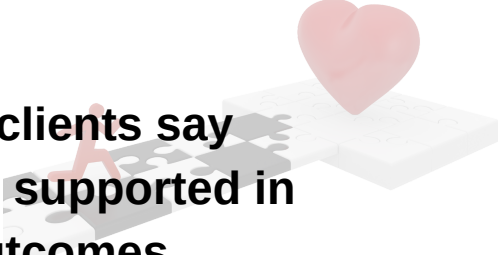
16,412 HOURS OF CARE PROVIDED TO INDIVIDUALS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES



PATHWAYS to IMPROVEMENT

98%

Community Day Service clients say they are encouraged and supported in reaching their desired outcomes.



94%

Clients said that overall, they are satisfied with their experience with ComWell.



97%

Clients say they would refer us to family/friends



95%

Clients reported they have reduced or stopped using drugs and/or alcohol as a result of ComWell's Substance Misuse Counseling Services.



Pathways to Improvement is an annual report on an organization-wide process to evaluate, monitor and improve programs, services and operations. This summary report describes some of our accomplishments in Fiscal Year 2022

Psychiatric Service Expansion Partnership with Sparta Community Hospital

New Medical Director and Psychiatric Mental Health Nurse Practitioners (PMHNP) Join ComWell

Starting in July 2021, two new providers began seeing psychiatric patients at ComWell as a result of a partnership with Sparta Community Hospital District. Ashley Hundelt and Nickie Murphy with Dr. Aqeel Khan providing collaborative oversight of the PMHNP's, joined the ComWell team. The PMHNP's will increase their days each quarter with the goal to increase access to psychiatric care across all ComWell locations by June 2022. Up to now, we have offered approximately six days *per month* of psychiatric care. This shared staffing model will allow us to offer up to eight days *per week*! As the need grows to have more psychiatric care available, it is necessary for us to all work together to meet the needs of our small community. We are thankful for this partnership and the ability to work together.



ASHLEY HUNDELT, FNP-BC, PMHNP
Psychiatric Mental Health Nurse Practitioner



NICKIE MURPHY, FNP-BC, PMHNP
Psychiatric Mental Health Nurse Practitioner

More community partnerships!

Memorial Hospital Partnership

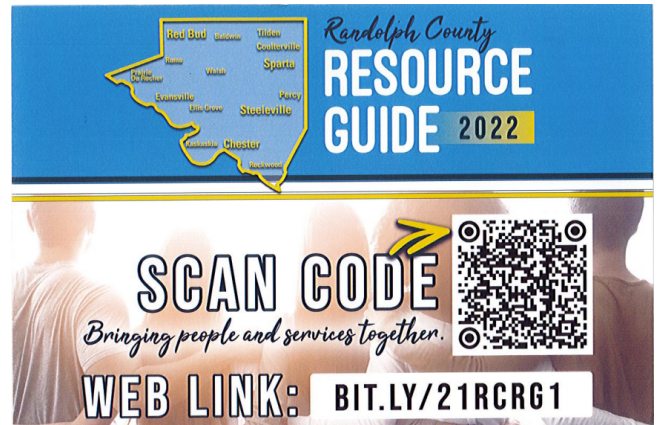
In July 2021 ComWell and Memorial Hospital joined forces to bridge the resource and referral gap between the hospital providers and ComWell. The goals are to decrease inpatient and emergency room readmissions by 10% and the number of mental health transfers to other hospitals by 5%.

Randolph County Housing Authority

We have had many projects through the years with the Randolph County Housing Authority (RCHA) and this may be one of the most exciting yet. A Recovery Coach has been hired to bridge ComWell and the RCHA. ComWell staff will work at the RCHA Sparta office three days per week helping its residents gain resources, maintain housing, and identify and link to social services which will enhance their independence and success.

2022 Randolph County Resource Guide

The **2022 Randolph County Resource Guide** is now publicly available. A link has been added to the Randolph County Health Department website for sharing and print copies will soon be available for distribution. SISAA continues to work with Hoyleton, a local social service agency, to explore ways to share resource information to our Latinx community. We are working to translate ComWell's literature and forms and our Randolph and Washington Counties coalition, SISAA, literature in preparation for a community resource fair that is under development.



Community Anti-Drug Coalitions of America recognized SISAA as a Blue Ribbon coalition. SISAA is one of **18** coalitions of about 700 in the nation to achieve this status for success in 2021. This is possible because we have many dedicated people working to prevent drug misuse. For more information about successful coalitions <https://www.cadca.org/prevention-works>

Motivational Speaker Addresses Area Students

Brent Swolsky, a youth engagement and motivational speaker, delivered strong drug misuse prevention messaging at assemblies in Chester, Coulterville, Sparta and Steelville to about 1,350 students. He was able to engage students helping them learn the value of making a good first impression, creating a flexible five-year career plan as well as developing and using a support system. Brent covered the nuts and bolts of the national model school counseling program addressing student goal setting. This message supports what many schools are already doing to prepare students for career success. Research demonstrates that when students have a path to the future, it reduces the risk of drug misuse.

Students also received wristbands that read "You Matter" along with resource cards including local and national crisis call and text numbers. We are hopeful students understand we care about them and their future success. Demonstrating care for students is a fundamental part of Southern Illinois Substance Abuse Alliance, (SISAA) coalition efforts.

About 500 School Personnel also received wrist bands and a professional Substance Abuse and Mental Health Service Administration guide to help them communicate effectively with students about not using drugs.

Congratulations Goes To Dennis Trask!



We are so proud that Youth Prevention Coordinator, Dennis Trask, was awarded the 2021 Prevention Leadership Award presented by the Illinois Association for Behavioral Health (IABH). This award is presented to individuals who have brought public attention to the need for prevention and who have fostered the growth and development of the Illinois prevention movement. Nominees are people who commit time, energy and talent to prevention; provide vision and leadership to professionals and volunteers; and who believe in the unlimited potential of young people and adults working together to create a better world. Dennis has and continues to do an amazing job at engaging community members to recognize and become involved in preventing teen substance misuse.

The Food Pantry Has Moved!!!

We shared the bittersweet news of the relocation of the ComWell food pantry to the Red Bud Bible Church. For nearly 30 years, we were lucky enough to have a front row seat in seeing the change the generosity of the community has made in the lives of others. The pantry started out in a closet and just kept growing until it had its own dedicated building as the need arose. Many staff have prepared and carried more bags of groceries than we can count. This opportunity allowed us to meet amazing people and hear some touching stories.

The food pantry is in great hands as the church is no stranger to the food pantry. Pastor Paul Kurrelmeyer and his wife, Mary, along with the members of the Red Bud Bible Church were long time volunteers and contributors to the food pantry program, serving many hours alongside our team. They are fierce leaders within our community and have a genuine passion for helping those in need. They will continue what we started so many years ago.

If you would like additional information about the food pantry, you can contact Mary Kurrelmeyer at 618-567-1652.



ComWell does not discriminate on the basis of age, sex, race, religious belief, ethnic or national origin, gender identity, marital status, physical, mental or other disability or criminal record unrelated to present dangerousness.

Community INVOLVEMENT

Medical Explorers

Amy Wunderlich presented on behavioral health services to eighteen Medical Explorer students from Chester, Sparta, Trico, Steeleville, and SWIC. The explorer program is offered to students ages 14-21 interested in healthcare as a career. With increased mental health awareness and collaboration between healthcare organizations and mental health services it is valuable for students to see how we work together to treat the whole person. Social workers, therapists, and crisis teams are consistently involved in helping care for people along with their physical health needs.



Annual Talent Show Returned in 2022

After two years of a Covid hiatus, ComWell's talent show returned with gusto! There was some amazing talent showcased and significant crowd involvement making it a great time for everyone. Alongside the Talent Show individuals sold baked goods, wreaths, and other items to raise money for Community Day Services (CDS). Over 100 people came to support the event. CDS focuses on aiding adults with disabilities to continue learning skills that help them to live as independently as possible.



Supportive Employment

ComWell is looking to the future and we are focused on changes that are coming. Being *Proactive*, rather than *Reactive* is always our goal! Supportive Employment is a big change that brings on excitement not only for the clients but also for the staff. Competitive Integrated Employment (CIE) is a nationwide push that will ultimately effect so many of our clients. CIE is an umbrella term with two categories: Supportive Employment and Customized Employment. ComWell's focus is on Supportive Employment.



Supportive employment encourages individuals to be employed with jobs already established within the community alongside peers without disabilities. A job coach is on site to provide support as needed. These individuals are paid the competitive rate, same as those without disabilities but have the assistance of a job coach. ComWell is already part of this movement. ComWell works with Gilster-Mary Lee to provide this exact type of employment. Our individuals are employed by Gilster-Mary Lee and work alongside peers without disabilities to complete the job. This type of work provides our individuals with a true sense of accomplishment.

I am pleased to **RECOGNIZE** two internal team members who were recently **PROMOTED**

With significant service expansion this year, it was a good time to revisit the organizational structure of the agency. We continue to be growth-minded and have hopes, dreams and yes! Strategic Plans in each of these areas within ComWell. As we have secured more grants, it only makes more sense that we restructure programs and program focus to be "deeper" rather than "wider". ~ Shea Haury, Executive Director



Sarah Ward

Promoted from Care Coordination
Manager to **Director of
Developmental Disabilities.**

When I came to ComWell I wasn't looking for a new career, however the idea of working for ComWell was enough for me to make the change. I wanted to be with an agency that focused on the community as a whole. That looked toward the future and wasn't afraid of change. In January 2022, I was given the great opportunity to take on the role of Director of Developmental Disabilities. This role has given me so much satisfaction. The developmental disabilities programming took quite a hit during COVID and this was my chance to rebuild the program and watch it grow. Two Thousand Twenty Two has been a huge year for our Developmental Disabilities programs. We were awarded a grant for Competitive Integrated Employment, which allowed our "production" to move to more community employment and all of the clients working moved from subminimum wage to minimum wage. We added two new group homes to our Community Day Services program and also moved forward on a new CILA. I love that ComWell has allowed me the chance to implement new ideas and watch them bloom. I see so many more opportunities in our future within the Developmental Disabilities programs. I see a huge leap in our transitional services within the schools and even more of our clients working alongside peers in the community. Our Board Certified Behavior Analyst is starting some new pursuits as well which will add many more clients to our programs. The ComWell Vision is shown in every department offered and the Developmental Disabilities programs are no different. We are going to continue to strive to empower our clients to be the best they possibly can. I am so blessed to be part of this agency.

**Sarah Ward, BSW, MHP, QIDP
Director of Developmental Disabilities**



Amy Wunderlich

Promoted from Assistant Director of
Mobile Crisis Response to
Director of Care Coordination

ComWell is the first place that I came to work following my degree. I expected to "work and make money", but never expected to learn and grow in the manner I did. ComWell is not just a Behavioral health agency; it is a community of people that creates an atmosphere of change and growth. ComWell gives people permission to be amazing, grow, heal, and be the best versions of themselves. In January 2022, I was given the great opportunity to take on the role of Director of Care Coordination. I found this to be an honor in the sense I was able to be a part of the department that was able to be the first face they see when people decide to make a change or ask for help. Since this time a lot of the programs have grown and expanded. I have many goals as I continue to see the heart, vision, and mission of ComWell. I would say that my ultimate goal is for people to understand their purpose and truly become the best versions of themselves. In this is unity and acceptance. I know life in general can be hard, but to know there are people who care and want to set you up for success creates hope, and we all are in need of that. ComWell's heart is real and authentic and I am thankful I get to be a part of it.

**Amy Wunderlich, MA, QMHP, CADC
Director of Care Coordination**

Financial Report (July 2021-June 2022)

Statement of Activities

Revenue

Fees for Service	\$2,184,271
Grants	\$2,072,546
Donations & Non-Cash Revenue	\$279,238
Sales of Goods and Services	\$1,236,901
Other Income	\$213,755
Investment Activities	\$162,465
Total Revenue	\$6,149,176

Expenses

Program Expense	\$5,230,089
Management & General	\$1,139,749
Total Expense	\$6,369,838

Change in Net Assets -\$220,662

Net Assets , beginning of year \$3,213,672

Net Assets, end of year \$3,078,072



to our Friends & Family

Amy Bauer
Amy Jackson
Alva Courier Post 487, American Legion
American Legion Post 619
Auto Tire & Parts #10 (NAPA-Steeleville)
Barbara Koester
Belleville Dioceses Chapter of K of C
Betty Marzec
Carol Holt
Charities Aid Foundation of America
Chester Women's Club
Cotton's Ace Hardware
David Holder P.C.
David & Carolyn Holder
Dennis & Jull Phegley
Dennis Trask
Diane Mudd
Diane Yarbrough
Dieterich Bank
Edward Fuhrmann III
Elizabeth Nortin
Emilee Kumke
Emily Lyons
Gary Moeller
Gilster-Mary Lee Corporation
Glenda Wiegard
Guy & Kathy Nagel
Harold Baker
Helen Teter
Hesse Martine P.C.
Howell Financial Services, Inc.
Iron Workers Local 392
Janet Wiley
Jason & Jessica Schlimme
Jeff & Angie Luthy
Jennifer Grafton
Jim & Lea Ann Becker

John & Blenda Ingalls
Joyce Laird
Judith Willis
K of C Charities Council 152
K of C Charities Inc.
Hecker Council 11691
Kenneth & Karen Wetzel
Kendra Kennedy
Kenneth & Miriam Hargis-Poston
Kenneth & Connie Surman
Kenneth & Joan Voges
Kenneth & Karen Wetzel
Kevin & Lynette Holiday
Aunt Nette's Kettle Corn
Kimber Browne
Knights of Columbus
Laura Young
Legence Bank
Linda Foutch
Lisa Heiken & Matt Dugan
Lorraine McCall
Lou Ann Gerlach
LPL Financial
Lyle Nitzsche
Mary & Daniel Holland
Memorial Hospital
Michaelyn Modglin
Michael & Paulette Schmitz
Mike Liefer
Miller's Meat Market
Monroe County Electric Cooperative
Mr. & Mrs. Edd Devall
New Palestine Methodist Church
North County News
Okawville Community High School
Old Exchange National Bank
Pechacek Funeral Homes Inc.

Peggy Horrell
Prairie Farms
Rachael Fields
Randolph County Shrine Club
Red Bud Dairy Queen
Red Bud Elementary
Red Bud High School
Red Bud Industries.
Robert & Nancy Koopman
Robert & Diane Schoenbeck
Roger's Redi-Mix Inc.
Roeslein Modular Fabrication LLC
Ronald & Betty Fehr
Rotary Club of Red Bud
Sam & Sue Kennedy
Scott & Brittany Riggins
Shea Haury
Sharon Richardson
Sparta Dairy Queen
Sparta Iron Ford
Sparta Terrace
Steve & Linda Koester
Stifel
St. Ann's CCW
St. John's Lutheran Church & School
St. John's Ladies Aid
St. Louis Community Foundation
St. Patrick's Catholic Church
St. Peter Lutheran Church
St. Peter United Church of Christ
Susan Baker
Susan & Will Harbaugh
Terri Sleeth
Thomas & Joyce Laird
Tom & Tracy Welge
Virginia Moeller
Western Egyptian Cooperative Association
Wilbert Schnepel



Step 1. Open Camera App from your device's home screen, control center, or lock screen.

Step 2. Hold your device so the QR Code appears in the viewfinder and you see a notification with a link.

Step 3. Click on the notification to open the link associated with the QR Code to proceed to payment.