

Hearing a lot about telehealth lately?

Connecting with your provider online is a great way to get the health care you need from the comfort and safety of your own home.

What does telehealth mean?

Telehealth — sometimes called telemedicine — lets your provider care for you without an in-person office visit. Telehealth is done primarily online with internet access on your computer, tablet, or smartphone.

• Talk to your provider live over the phone or video chat.

Benefits of telehealth

Virtual visits are growing in popularity. Though in-person office visits may be necessary in certain cases, there are many benefits of telehealth care.

- Limited physical contact reduces everyone's exposure to COVID-19 and other illness
- Virtual visits ensure you get health care wherever you are located at home, at work, or even in your car
- · Virtual visits cut down on travel, time off from work, and the need for child care
- Virtual health care tools can shorten the wait for an appointment

Interested in telehealth, but don't have a smart phone, tablet, or computer? No problem! We can set you up with any of our providers from any of our office locations!