



ANNUAL REPORT

FY 2023

OUR MISSION

Promote positive, healthy changes for individuals and communities through engagement, education, treatment and recovery.

OUR VISION

Committed to empowering individuals to pursue growth and wellness.

BOARD OF DIRECTORS

David Holder, President

Jeff Luthy, Vice President

Ryan Riess, DC, Secretary/Treasurer

Diane Schoenbeck

Gail Letcher

Danny Valleroy

Scott Rust

Leadership Team

Shea Haury

Executive Director

Beth Nordin

Director of Personnel

Kimber Browne

Director of Finance

Kendra Kennedy

Director of Quality Assurance and Development

Rachael Fields

Director of Behavioral Health

Amy Wunderlich

Director of Care Coordination

Sarah Ward

Director of Developmental Disabilities

ComWell is a nonprofit community behavioral health center serving Randolph and Washington Counties.

Programs and services are funded in whole or in part by the Illinois Department of Human Services.

Fiscal Year 2023 was an exciting year for ComWell where we experienced significant growth, national recognition and invested in and created even more pathways to better serve our communities.

In January 2023, we invited the community and staff to share their thoughts on ComWell's services, areas of strength, ways to improve, and opportunities for development to better serve the needs of the community. This information was used to create a robust strategic plan to guide ComWell's mission and vision for the future.

Throughout this Annual Report, we share more about ways we were able to improve and expand our services to the community including innovative partnerships with area businesses and agencies. 2023 also included much needed facility enhancements to expand our services, improve safety, and make our buildings more inviting to those who enter our doors.

We are incredibly blessed to be surrounded by supportive individuals and like-minded community partners who work together for the betterment of those we mutually serve.

We couldn't do it without our community partners, donors, and of course, our incredible staff and board who are always up for any challenge to meet the needs of our community.



Board President

David Holder



Executive Director

Shea Haury

EVERYDAY HEROES

Linda Foutch

"Helping others is a gift in which I find fulfillment!"

Some only need a smile or a hug and some require more assistance.

I will gladly give all the above to clients OR staff"

Linda's son participates in our program twice a week and she generously donates her time on those days to not only help her son but all of our clients. She helps through lunch and numerous other activities. She not only donates her time twice a week but also bakes goodies monthly for anyone having a birthday. She is always in attendance and offers a helping hand at all our events and activities. We are grateful for Linda and the many others that have such an important and generous impact in our communities.



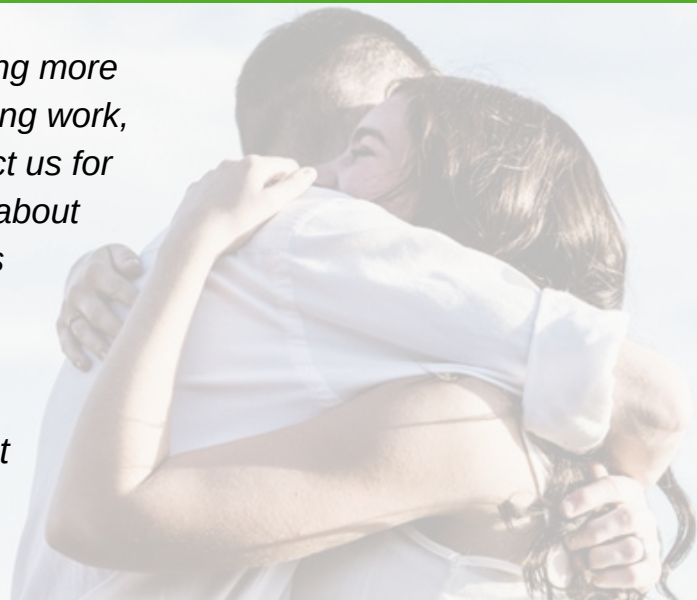
Like Linda, you too can be an Every Day Hero!

Donors like Linda who have given selflessly to ComWell are making an investment in the lives of others. We feel privileged to work together to achieve self-sufficiency, independence and healthy lifestyles to the maximum extent possible. With the support of our donors and volunteers, we provide programs and services that are uniquely tailored to meet the needs of each person who comes to us for help and support. Our team works around the clock to assure that our communities continue to become happier, healthier and safer places to live.



If you are interested in getting more involved with our life-changing work, we encourage you to contact us for a confidential conversation about making a contribution that is meaningful to you.

BRITTANY RIGGINS
Communications Specialist
618.282.6233 ext 134
briggins@comwell.us



CERTIFICATION

- Community Day Services
- Community Integrated Living Arrangement
- Community Mental Health Medicaid Services

LICENSURE

- Child Welfare Agency
- Substance Use Treatment
- DUI Services



OUR IMPACT

4,833

TOTAL HOURS WORKED BY
CLIENTS

1,876

NIGHTS OF CARE AT MELMAR

2,923

NIGHTS OF CARE AT CILA

24,395

CDS SERVICE HOURS

3,744

COMMUNITY EMPLOYMENT OBTAINED
BY INDIVIDUALS WITHIN A YEAR.
4 Individuals work 18 hours/week

3,000

HOURS OF TRAINING COMPLETED
BY STAFF

486

MOBILE CRISIS RESPONSE
ASSESSMENTS

814

SAME DAY ACCESS ASSESSMENTS

418

PSYCHIATRIC MENTAL HEALTH
NURSE PRACTITIONER ASSESSMENTS

10,893

COUNSELING APPOINTMENTS

3,595

PSYCHIATRIC APPOINTMENTS

835

UNDUPLICATED PEOPLE RECEIVING
PSYCHIATRIC SERVICES

16,161

HOURS OF CARE PROVIDED TO YOUTH & ADULTS
IN OUTPATIENT PROGRAMS



PATHWAYS to IMPROVEMENT

100%

Individuals served in CDS and CILA reported that staff help them to understand their rights.

99%

Individuals seen in outpatient services would recommend ComWell to others.

97%

Individuals reported being satisfied with their services.

90%

Staff reported their supervisor makes sure they have what is needed to do their job.

88%

Staff reported they received a personal feeling of accomplishment from their work

81%

Employees rate ComWell as an excellent or good place to work.

Shea Haury Elected Board Chair for Illinois Association for Behavioral Health



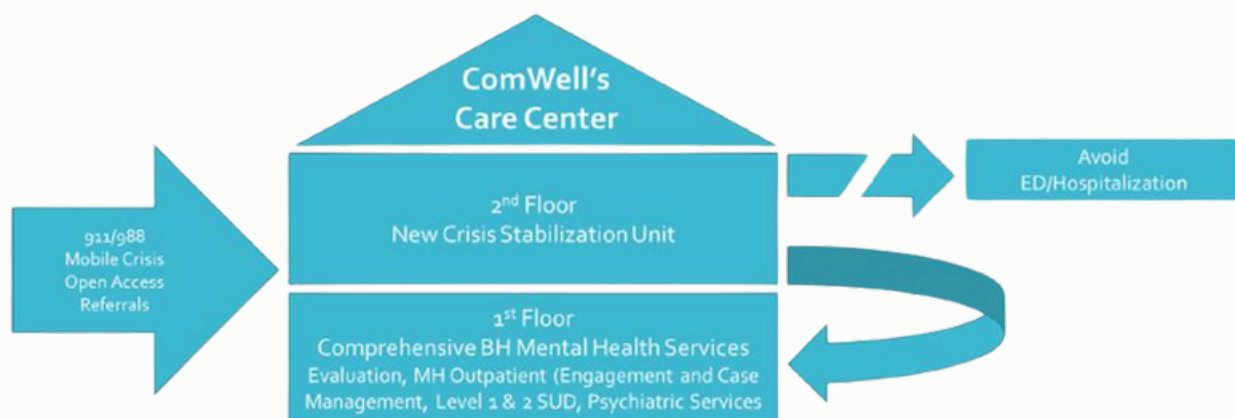
"Passing the Gavel"
L-R: Shea Haury, Jeff Collard
(Haymarket Center) and outgoing Board
Chair and Jud DeLoss, CEO, IABH

In August 2022, Shea Haury, ComWell Executive Director, was elected as the Illinois Association for Behavioral Health (IABH) Board Chair until 2024. In this role, Shea will represent and advocate for behavioral health services across Illinois. As a person who lives and works in rural southern Illinois, she feels privileged to represent the unique needs of rural behavioral health providers through statewide advocacy.

Future Initiatives and Growth

Care Center

ComWell has proposed the development of a multi-use behavioral health urgent care and crisis stabilization unit plus outpatient treatment. The proposed facility, located in Sparta, would serve as a setting where regardless of the behavioral health need or state of crisis an individual can receive immediate support and assessment, a needs determination, an evaluation for potential outpatient services, and a referral with warm handoff to any identified treatment or services. The primary goal of this outpatient treatment center is to support an individual's ability to stay in the community and out of the hospital. The Center would leverage national best practices for crisis response and service delivery and would provide critical space for the service expansions underway at ComWell.



Future State of ComWell Services

After implementation of the CCBHC initiative and Care Center, ComWell's service offerings will have significantly expanded and provide more holistic, integrated services for individuals with BH conditions.

NEW Signs



Okawville



Chester



Red Bud



Sparta



“Welcome to ComWell” Folders

As we continue to focus on the Client Experience for those who come through our services, we learned from our Community Needs Assessment and SWOT (Strengths, Weakness, Opportunities and Threats) Analysis that people want to know more about what we offer. As a result, we created a “Welcome Packet” for all individuals who access our behavioral health services. The folders will include information related to what to expect when coming to counseling, what services they could benefit from, and descriptions of various services ComWell offers.

Capital Improvement Grant

We had the honor of Senator Bryant join us for our groundbreaking Friday, October 21, 2022

In 2019, each state legislator was provided with a legislative financial set-aside for vertical capital projects. One of the projects Senator Schimpf selected was for a behavioral health organization to receive \$550,000 for “construction, and/or

renovation to buildings additions or structures.” Once Senator Bryant took office, she continued to carry the torch for us on this capital grant set-aside to improve our Red Bud counseling building.



–Shea Haury, Executive Director

These capital improvement grants allowed remodeling and new construction on our Red Bud campus.

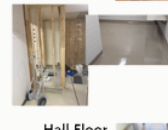
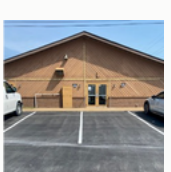
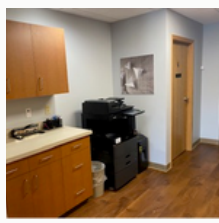
Phase 1: New flooring and updated client bathrooms for our Developmental Disabilities services building

Phase 1: Removal of two non-functioning buildings on the Red Bud campus

Phase 1: Eleven counseling offices added to accommodate additional behavioral health services.

Phase 2: Eight administrative offices added

Phase 1 & 2: Parking lots regraded and asphalted to create improved accessibility and safety for staff and clients.



The Trunk Kit Resource Project



Shea Haury and Sandy Prange represented ComWell in Washington DC in July 2023 to

represent ComWell as a grant recipient of the Rural Communities Opioid Response Program (RCORP) grant. Prior to the conference, grantees were invited to share an innovative program or idea that may inspire other grantees. ComWell submitted the “Trunk Kit Resource Project” on behalf of Healthy Communities Alliance (HCA). The Resource Project was selected from a few dozen submissions and was one of six organizations selected to present at the conference to a live audience of RCORP peers. The Resource Project was awarded Runner Up in the contest.

First responders receive resource kits

Memorial Hospital of Chester and members of the Healthy Communities Alliance (HCA) recently presented a resource kit to the first responders at the RCORP Innovation Tank. The kit includes a printed and digital version of the Trunk Kit Resource Project, a QR code to access the digital version of the kit, and a Spanish brochure with the Trunk Kit Resource Project. The kit also contains printed resource guides for the department, cards with a QR code and link to access the digital version of the kit, and a Spanish brochure with the Trunk Kit Resource Project. The kit also contains printed resource guides for the department, cards with a QR code and link to access the digital version of the kit, and a Spanish brochure with the Trunk Kit Resource Project.

“By providing educational materials and better connecting individuals in need to resources, we hope to see an improvement in reduced repeat calls and better results of each incident,” said Rhonda Wilson, National Alliance on Mental Health (NAMI) representative and HCA chairman. “By giving first responders successful tools that can be provided during face-to-face interactions or even connecting people during their time of need with services that may benefit them.” Providing resources during that crucial moment can be the difference of someone reaching out and asking for help. Members of the HCA have been actively handing out kits the past few weeks to city, county and state police departments, fire departments and city halls. The response has been positive as kits have been received.



PRESENTED RESOURCE KITS—Healthy Community Alliance past chairman Memorial Hospital Community Relations Coordinator Mariah Bergman, center, is pictured presenting a resource kit to Chester Assistant Fire Chief Jerre Anichini and Fire Chief Mary Best.



PRESENTED RESOURCE KITS—Healthy Community Alliance Chairman NAMI representative Rhonda Wilson is pictured presenting a resource kit to Sparta Police Chief Sean Ludes.

RIBBON CUTTING CEREMONY & OPEN HOUSE

"The day of our ribbon cutting and open house couldn't have been more perfect! The crowd was large, the day was beautiful and the planning went off without a hitch. So many thanks to so many people for our dream of nicer facilities becoming a reality. Building L and K look fantastic. Now onto Building C, which will become the new home to administrative staff. Thanks to each of you who took time to take part in the celebration!"

—Shea Haurry, Executive Director



GRANTS

Competitive Integrated Employment (CIE) Grant

In April 2022, The CIEC grant was funded by the Department of Developmental Disabilities with the grant intended to result in a higher proportion of individuals with DD obtaining and sustaining competitive employment. It is to enhance employment support service delivery through the training, certification and continued professional development of agency staff who demonstrate competency in, and are responsible for CIE activities. ComWell was to create a consistent, accessible and sustainable path to start, grow and ultimately maintain a successful CIE program.

SAMHSA-CMHC – (Substance Abuse and Mental Health Services Administration – Community Mental Health Center)

This grant is intended to enable the community mental health centers to support and restore the delivery of clinical services impacted by Covid and address the needs of individuals with mental illness or substance use disorders. We committed to serve 200 additional people over the next two years. Through this grant we are increasing our focus on compassion fatigue, burnout, vicarious trauma and secondary traumatic stress for staff.

Rural Communities Opioid Response Program (RCORP)

In August 2022 we were notified we received one of 26 Health Resources and Services Administration Behavioral Health Care Support grants awarded across the nation! (HRSA-BHCS).

This grant will build on our work related to the HRSA Planning grant in which we are building a larger network, or consortium, to coordinate behavioral health care across multiple agencies and partners.

Partners include: Washington County Hospital, Sparta Community Hospital, Memorial Hospital, Randolph County Housing Authority, Randolph County Jail, and [ComWell](#).

SAMHSA CCBHC-PDI

(Substance Abuse and Mental Health Service Administration – Comprehensive Community Behavioral Health Clinic – Planning, Development and Implementation)

The purpose of this program is to help transform community behavioral health systems and provide comprehensive, coordinated, behavioral health care by establishing new CCBHC programs. CCBHC is a certification for community-based providers that offer comprehensive, evidence-based, integrated mental health and substance use disorder treatment in connection with primary care and social services for both children and adults.

DFC Grant

Healthy Communities Alliance (HCA) completed the fourth year of a five year federal Drug Free Communities (DFC) grant award in 2023. DFC funds have been used to prevent teen drug misuse by helping cover the cost of student prevention assemblies, training student leaders and adult volunteers, paying for school prevention curriculum, obtaining informational materials for community events, Facebook prevention messaging and newspaper advertisements. This grant also helps support HCA overall as Recovery and Support are key to effective Prevention.





SISAA turns into Healthy Communities Alliance

Healthy Communities Alliance officially launched under its new name on March 15, 2023. The Alliance will consist of three individual pillars – Prevention, Support & Recovery. Dennis Trask will coordinate Prevention, Sandy Prange-Support, and John Reith-Recovery,



NEW NAME - BIGGER VISION - HEALTHIER COMMUNITIES

PREVENTION

- Prevention Assemblies Chester, Coulterville, Okawville, Red Bud, Sparta & Steeleville impacting about 2,400 students
- Prevention curriculum delivered to about 250 students:
 - Too Good for Drugs
 - Catch My Breath
 - Teen Summit
 - Financial support
 - Prevention Week Proclamations recognizing Alliance success
 - In Plain Sight
 - DEA Drug Take Back Day
 - Participated in CADCA national prevention conference

SUPPORT

- Helped coordinate & provide resources Narcan Bridges of Hope provided translation services at all events.
- Provided resources at events that reached over 300 people in surrounding counties.
- 150 Randolph County Trunk Kits were prepared & distributed to first responders.
- 2023 Randolph & Washington Co. Resource Guides were updated & distributed.
- Washington Co. First Responder's Brochure was prepared & sent to printer.

RECOVERY

- Participated in Washington Co. Drug Court
- Hosted Small Towns; Big Problems Meth panel
- Conducted a series of Recovery resource & dinner sale pop-ups
- Participated in 3rd annual Southern Illinois Recovery Network walk for Recovery
- Recovery sticker campaign at local restaurants
- Represented on state-wide Recovery Advisory Panel
- Assisted in formation of regional deflection program.
- Conducted SUD community needs assessment.

Red Bud Operation Snowball Team Awarded *New Team of the Year!*

The Red Bud Operation Snowball team started this past July by winning the CGTI Community Action Team Award in their first CGTI experience. They also participated very well in one of our local coalition Teen Summit trainings. Since then they have started to change their school and community with impact that I have only dreamed about. So far this school year they carried out two midnight sports tournaments and have a third in the works. The first was a three on three basketball tournament. It was beautiful. They had about 250 middle and high schoolers playing. The OS team was everywhere running everything and having a blast doing it. Parents came and school staff played as well.

There were bags games on the side and refreshments. To engage different students the next event was midnight volleyball. The turnout was similar and everyone had a great time. The third event will be dodgeball. The Team has also presented about their efforts to the local school board, Rotary Club and as the program at one of our full coalition meetings. At the full coalition meeting, six different students representing middle and high school spoke exceptionally well. There was also a sharp PowerPoint with photos explaining their experience at CGTI, planning and the impact that they are making happen. A regional Rotary official who witnessed their presentation shared at a recent full coalition meeting that these are the most fantastic students imaginable. These students are touching hearts and I believe changing minds for the better. It is an honor to work with Ms. Legendre, their lead Adult Mentor, and this amazing group of students and to nominate them for this award.



–Dennis Trask, Youth Prevention Coordinator

WHAT WE'VE BEEN UP TO!

Time to Shine



On February 10, 2023 Community Day Services (CDS) along with the local community had the opportunity to provide the individuals who attend CDS a "Time to Shine," red carpet event. With help from Sparta High School, Red Bud High school and local community members, we put together an adult prom. Many of these individuals had never attended a dance and were so eager to be dolled up and dance the day away.

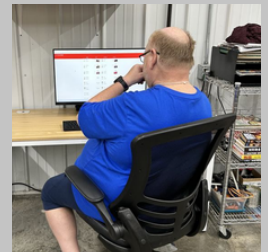
Career Fairs

We make every effort to attend career fairs from Randolph and Washington counties to Carbondale IL.



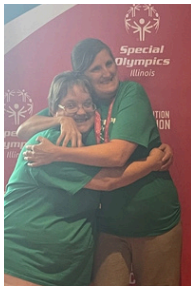
NEW Vocational Training Equipment

The Division of Developmental Disabilities awarded ComWell a multi-year Competitive Integrated Employment grant to develop employment training for individuals with developmental disabilities. As a result, **ComWell** created a vocational training program. Individuals interested in gaining employment use vocational training equipment to practice skills needed to successfully prepare for employment. Examples include the use of a cash register, counting money, and. Once the skill is mastered, and confidence built, individuals will be prepared for employment.



Bowling

This year, our Community Day Service athletes competed in the Special Olympics Bowling tournament held in Carterville, Illinois! While at the event, our athletes were able to make new friends and reconnect with old ones!

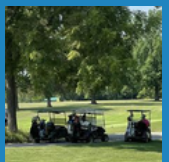
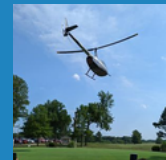


At the end of the event, several of our athletes received first, second, and third place medals! The athletes who won first place advanced to the sectional competition in Fairview Heights, IL.

Our athletes had a great time competing again! Three of our individuals won first place, allowing them to showcase their skills at the state level in the bowling tournament!

Three of our individuals won first place, qualifying them to showcase their skills at the state level in the bowling competition! We were unable to attend state this year, but we look forward to being able to attend in the future! Congratulations to our bowling team!!!

Golf Tournament



Our 1st Annual Golf Tournament and Helicopter Golf Ball drop was held July 16th. It was a fun day/night with 24 teams, Lunch & Dinner provided amazing, supportive sponsors, 50/50 raffle, 1000 Golf Balls sold and then dropped out of a helicopter. The golf ball that was closest to the pin(hole on the green) won \$500 and music to end the day.

Annual Talent Show



Every year we have **NEW** and **EXCITING** talent show. This year we added almost 15 new individuals to share these amazing talents!

This event is one in a million. It is a way for our individuals to show EVERYONE what they can do. Anyone who had the opportunity to attend this year can attest to this. It was amazing. Our individuals practiced and practiced for this day and they were ready. Since we added almost 15 new acts this year. it took a lot of staff dedication to the event, but it went off as smooth as ever.

Parade FUN

Staff and individuals of **ComWell** participated in the Popeye parade in Chester, throwing out candy and providing the crowd with information about who we are and what we do. We also participated in the lighted parade in Sparta in December. Our individuals LOVE parades and being involved with the community!



FINANCIAL REPORT (July 2022 - June 2023)

Statement of Activities

Revenue

Fee for Service	\$3,489,507
Grants	\$3,952,370
Donations & Non-Cash Revenue	\$258,878
Sales of Good & Services	\$966,948
Other Income	\$145,415
Invetment Activities	\$46,254
Total Revenue	\$8,859,372

Expense

Program Expense	\$6,738,875
Management & General	\$1,463,380
Total Expenses	\$8,202,255
Change in Net Assets	\$657,117
Net Assest, Beginning of year	\$3,078,072
Net Assets, end of year	\$3,735,189

THANK YOU

AJ Fair	Judith Willis	Robert & Diane Schoenbeck
Alto Vinyards, LTD	K of C Evansville Council 1952	Robert or Joyce Carnahan
American Legion Post 487	K of C Charities Inc,	Robert & Pat Koenegstein
Brad & Shea Haury	Hecker Council 11691	Robert J. Koopman
Brittani Hughes	Kalin & Kathleen Liefer	Robert R. Reiss
C4Innovations, LLC	Kenneth or Joan Voges	Robert & Marcie Soderlund
Carmen Loos	Kimber & Ronald Browne	Roeslein Modular Fabrication LLC
Chester Chrysler Center, Inc.	Kurt & Elizabeth Nortin	Roger's Redi-Mix, Inc
City of Sparta	Legence Bank- Dan & Sara Emge	Rotary Club of Red Bud, IL
David & Carolyn Holder	Linda Foutch	Ryan Reiss
Dean or Bitzie Link	Lindsey Meeks	Sarah Ward
Dennis and Jill Phegley	Lisa Tuetkin	Scot & Sheila Alms
Dennis or Patsie Hopkins	Marvin & Jeanie Stellhorn	Scott & Amy Wunderlich
Edna Des Roches	Matt Dugan	Scott & Brittany Riggins
Edward Fuhrmann III	Medstar Ambulance Inc	Sharon Richardson
Erica Hill	Melanie F Snider	Southern Illinois Spine & Joint Center, LLC
First National Bank of Steeleville	Memorial Hospital - Chester	Sparta Community Hospital District
Frankie or Kelley Brosch	MiCasa Sub Shop/Red Bud Subs, LLC	Sparta Community Unit School District
Gweneth Niehaus	Nancy Dunn/Pam Martin/Butch	Stacey Mitchell
Head East Memorials LLC -	Christopher	St. John's Lutheran Church & School
c/o Ms. Rita Boyd	National Alliance on Mental Illness	St. John the Baptist Catholic Church
Helen I. Teter	(NAMI)	St. Peter United Church of Christ
Hesse Martone, P.C.	Network for Good	The Material Works
Howell Financial Services, Inc	Norbert & Mary Stumpe	Thomas & Joyce Laird
Illinois State Council-K of C	North County News	Thomas Bruce Welge
Charities Inc..	Pamela and Gary Buatte	V.Kenneth or Miriam Poston
James or Lea Ann Becker	Pistol City Restaurant	Virginia Moeller
Jayce A Cox	Prairie State Generating Company	Wash N Go
Jeff Luthy/Jeff Luthy Farms	Randolph County 708 Board	Washington County Mental Health Board
Jeffrey or Janis Biethman	Randolph Mutual Insurance Co.	William Schuwerk Jr. (Morgan Stanley)
Jess Cushman/Jacqueline Cushman	Red Bud Industries	Wyatt Dugan
John & Blenda Ingalls	Red Bud Illinois Hospital CO., LLC	Wib
John or Peggy Petkas	Harbaugh	Iron Workers Local 392