

## **Thrive Tribe** Wellness Group

**Deadline to** complete assessment is June 4th. Please bring your child with you to register.

- Bullying
  - Anger Management
- Self-Esteem
- Self-Advocacy

- **Friendships**
- Teamwork
- **Empathy**
- **Coping Skills**

To register your child, visit any ComWell office during SDA hours. Expect to spend between 1-2 hours to complete intake.

Located at: **Sparta Lincoln School Chester Grade School** 

> Call the **Office for** more information

## **Grades 1-8 - Lunch Provided**

## **Chester Location Dates for June, 2025**

- 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, and 23<sup>rd</sup>
- Sparta Location Dates for July, 2025
  - 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, and 28<sup>th</sup>

Grades 1-4: 9am-11am Grades 5-8: 12pm-2pm

**Contact Us with Questions:** 



<u>(618)282-6233</u>

10257 IL-3, Red Bud, IL 62278

Red Bud - Sparta - Okawville - Chester